



THE BAKKEN MUSEUM
SOCIAL NARRATIVE
COVID-19 SUPPLEMENT

“Right now, a virus called COVID-19 has been making people sick. Another name for COVID-19 is the coronavirus.

This virus can pass from person to person through germs. These germs are in the tiny droplets that come from someone’s mouth when they cough, sneeze, breathe, and talk.”*



*Information from the Autism Society of Minnesota’s Wearing a Mask in the Community Social Narrative.

“I can help myself and other people stay safe from the virus by wearing a mask when I am out in the community. Wearing a mask helps keep germs from spreading. I can still breathe with a mask on my face.

Most masks are made of paper or cloth.

It is important that my mask covers my mouth and nose, since those are the places where germs leave my body when I cough, sneeze, breathe, and talk.

My mask protects other people from my germs and protects me from other people’s germs.”*

The Bakken Museum will have disposable paper masks for sale if I don’t have one.

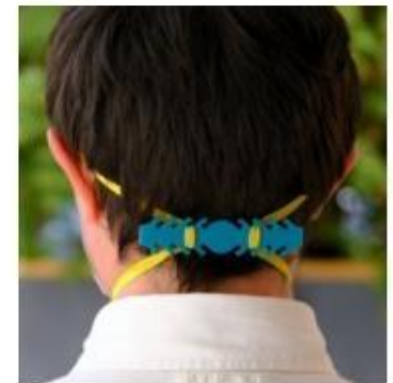


“Wearing a mask may cause different sensations that make me feel uncomfortable.

I can practice wearing a mask at home to get used to what it feels like.

There are also different kinds of masks that I can try wearing so I am as safe and comfortable as possible.”*

Even when I wear a mask, it is still important for me to try to stay at least six feet away from other people, since germs typically do not travel that far.



*Information from the Autism Society of Minnesota’s Wearing a Mask in the Community Social Narrative.

There may be signs and other visual cues in public places to help everyone stay a safe distance from each other.

Example: these blue Xs on the floor are placed six feet apart. People stand on the Xs to stay a safe distance from each other.



“It is also important that I wash my hands with soap and water (for at least 20 seconds) and/or use hand sanitizer at least several times a day.

I can carry hand sanitizer with me when I’m out in the community in case soap and water is unavailable.

Keeping my hands clean helps everyone stay safe by killing the germs that make people sick.”*

The Bakken Museum has several restrooms where I can wash my hands.

There will be hand sanitizer near stations so I can disinfect my hands after I interact with the activities.





The Bakken Museum

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See the Autism Society of Minnesota's
Wearing a Mask in the Community

Social Narrative and more COVID-19

resources at

ausm.org/resources/covid-19-resources



*Information from the Autism Society of Minnesota's Wearing a Mask in the Community Social Narrative.